



## 'Managing Distressed Students' agenda

<i>Indicative timings</i>	
9:30 to 10:00	Registration (with refreshments available)
10:00 to 10:10	Introduction
10:10 to 11:00	The context: Some common mental health conditions that students present with, the meaning of distress, and your role in working with distressed students
11:00 to 11:30	Case study, including networking opportunity to discuss how you might respond in your role and institution
11:30 to 11:45	Morning break (with refreshments available)
11:45 to 13:00	A model for responding to distressed students, and maintaining the boundaries of our roles in these interactions
13:00 to 13:45	Lunch (provided)
13:45 to 14:15	Building a collaborative relationship with a distressed student, including case study discussion
14:15 to 14:45	What to do if a student is at a higher level of risk
14:45 to 15:00	Afternoon break (with refreshments available)
15:00 to 15:45	Looking after yourself: some important tips for looking after your own wellbeing, both in interactions with students and more broadly. This includes an opportunity to talk to colleagues about how these issues are managed in your respective institutions.
15:45 to 16:00	Final plenary discussion, including participant feedback/evaluation.
The event will end at 16:00.	