



The Everyday Coach Agenda

9:30-10:00	Registration
10:00-10:05	Welcome, introductions and learning outcomes
10:05-10:45	Coaching fundamentals
10:45-11:00	Refreshment break
11:00-12:00	Establishing coaching goals
12:00-12:30	Plenary feedback and discussion
12:30-13:15	Lunch
13:15-14:30	Coaching Practise
14:30-15:00	Plenary feedback and discussion
15:00-15:15	Refreshment break
15:15-15:45	Coaching Practise
15:45-16:00	Common problems and how to overcome them
16:00-16:30	Personal reflection